

# IN & OUT



**PESTANA**

**VIKING**

BEACH & GOLF RESORT  
ALGARVE • PORTUGAL






# IN

**Y**ou just arrived at one of the busiest areas in the Algarve: gorgeous beaches, jagged cliffs as photogenic as in the postcards, blue sky and calm and temperate sea. Such is the beach in Armação de Pêra, with its historic center, its lively local life throughout the year and many, many people in Summer.

And this is where the story of your holiday changes, when choosing the Pestana Viking Resort, a 4 star hotel with a spa and wellness center away from the hustle and bustle of downtown, right next to the quiet and secluded beach of Nossa Senhora da Rocha with its gardens on the cliff and its pedestrian access to one of the most beautiful beaches and protected from the windward. The saltwater pools give your holidays a further Algarve flavor.



In addition to the Senhora da Rocha Beach, the hotel also offers alternative beaches nearby, such as Vale do Olival beach, Albandeira beach and Armação de Pêra beach.

IN



A bright, modern bedroom with a large bed, a window with a view, and a chair. The room features a yellow wall, a white headboard, and a bed with a floral patterned duvet and colorful pillows. A window with a view of the sea and a balcony is visible in the background. A chair with a blue and white striped cushion is also present.

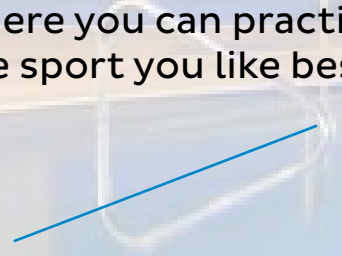
## THE REST OF WARRIORS

Those coming to the Pestana Viking Resort & Spa will find a discrete, reserved and very nice space to spend a few days at the beach - or a longer vacation. There are many types of rooms and views: the superior rooms are on the higher floors and have an incredible view of the sea; the standard rooms are generously sized and allow the placement of an extra bed or a recliner. All rooms, regardless of their type, have a kitchenette equipped with a small refrigerator and microwave.

When you come to the Pestana Viking Resort, you can park the car and forget about it until it is time to leave. Here you will find everything you need for a restful and memorable stay: you just have to dive in the salt water pools; walk down to the beach of Nossa Senhora da Rocha; enter the sauna or Turkish-bath or even dive headfirst into the Magic Spa world and lose yourself between relaxing and re-energizing treatments that are absolutely magical.



The Pestana Viking Resort is a contemporary space designed from the ground up for your well-being. In addition to the Magic Spa, ideal for a massage, a Turkish bath, sauna or Jacuzzi, you also have a gym, game rooms and a multipurpose court (tennis, basketball or football) where you can practice the sport you like best.



IN





## TASTE YOUR VACATIONS TO THE FULLEST

### **Restaurant:**

With show-cooking for breakfast and an international and appealing menu, you can take some samples of the Algarve on to the terraces and to the Pestana Viking restaurant. Various meat and fish options, in addition to themed buffets in the Summer, will give a great flavour to your holiday.

### **Bar:**

With a light, international and very tasty menu, it is the ideal support for your trips to the pool during the Summer and your reading and rest throughout the year. All to give more flavour to the breaks and more spice to the rest.



## FACILITIES

Beach Surroundings

Water Sports

Air Conditioning

Commercial Space

Restaurant

Bar

Terrace

Gym

Games Room

Indoor & Outdoor Swimming Pool

Wellness Center

Kid's Club

Meeting Room

WiFi Access

Safe

Parking


182 Rooms

Laundry Service

Credit Cards

Praia Senhora da Rocha, Porches/Lagoa  
8400-450 Armação de Pêra  
Tel.: +351 282 320 500 Fax: +351 282 320 550  
e-mail: [guest@pestana.com](mailto:guest@pestana.com)  
[www.pestana.com](http://www.pestana.com)

**GPS**  
**N: 37.097867**  
**W: -8.384250**



# OUT

**R**ight in the heart of the Algarve's windward, between Portimão and Silves, Lagoa is an area of contrasting landscapes. The region is extensive and charming, marked by the aroma of the sea and the large wild flowers fields.

Seen from the Ocean, the coast is like a sculpture made of cliffs, of scarps with vibrant colors, with intriguing forms and caverns between rocks surrounded by crystalline waters. The stretches of sand with rocky intervals form coves of difficult access from land and barely accessible from the Ocean.

Enjoy your stay in this small village of the Lagoa area in the South of Portugal, famous for its clay figures, and the blue ceramic tiles, as well as for the Algarve new young wines.





## TO DO

How about learning how to play golf on the greens?

Or maybe you would rather discover the perfect waves of Sagres? You can also opt for the fun of sliding and diving in one of the Aquatic Parks or, alternatively, discover a more traditional Algarve and end the day spending some time on knowing about the region's night life.

### ACTIVITIES

- 01 ALGARVE INTERNATIONAL RACETRACK
- 02 PINTA GOLF RESORT
- 03 GRAMACHO GOLF RESORT
- 04 SILVES GOLF RESORT
- 05 ALTO GOLF RESORT
- 06 VILA SOL GOLF RESORT
- 07 DIVING LESSONS
- 08 DREAM WAVE
- 09 PORTIMÃO AQUA MALL
- 10 PRAIA DA ROCHA CASINO
- 11 RIA OF ALVOR
- 12 ARADE'S ESTUARY

- 13 SERRA MONCHIQUE
- 14 NATURAL PARK OF ALENTEJO'S SOUTHWEST AND COSTA VICENTINA
- 15 MINA PARK

### PATHWAYS

- 16 BOAT TRIP, DOLPHIN WATCHING AND VISITS TO CAVES

### ENTERTAINMENT

- 17 AQUALAND
- 18 AQUASHOW
- 19 SLIDE & SPLASH
- 20 LAGOS ZOO
- 21 ZOOMARINE

### BEACHES

- 22 ALBANDEIRA
- 23 ARMAÇÃO DE PÊRA
- 24 BENAGIL
- 25 CARVOEIRO
- 26 PINTADINHO
- 27 PRAIA GRANDE
- 28 SENHORA DA ROCHA
- 29 VALE DE CENTEANES
- 30 VALE DO OLIVAL

## OUT



# TO DO



## ACTIVITIES

**ALGARVE INTERNATIONAL RACETRACK**  
Sítio do Escampadinho - Portimão  
Tel.: +351 282 405 600

**PINTA GOLF RESORT**  
Carvoeiro, Lagoa  
Tel.: +351 282 340 900

**GRAMACHO GOLF RESORT**  
Carvoeiro, Lagoa  
Tel.: +351 282 340 900

**SILVES GOLF RESORT**  
Vila Fria, Silves  
Tel.: +351 282 440 130

**ALTO GOLF RESORT**  
Quinta Alto do Vale- Quatro Estradas  
Tel.: +351 282 460 870

**VILA SOL GOLF RESORT**  
Morgadinhos - Vilamoura  
Tel.: +351 289 320 320

**DIVING LESSONS**  
Pestana Water Sports Centre

**DREAM WAVE**  
Escritório MT, n.º 1, Marina de Albufeira,  
Sítio da Orada Apt 2422 | 8201-918 Albufeira  
Tel.: +351 962 003 885

**PORTIMÃO AQUA MALL**  
Rua São Pedro, no 72 - Portimão  
Tel.: +351 282 413 536

**PRAIA DA ROCHA CASINO**  
Avenida Tomás Cabreira - Portimão, Praia da Rocha  
Tel: +351 282 402 000

**RIA OF ALVOR**

**ARADE'S ESTUARY**

**SERRA MONCHIQUE**

**NATURAL PARK OF ALENTEJO'S  
SOUTHWEST AND COSTA VICENTINA**  
Tel.: +351 283 322 735

**MINA PARK**  
Vale de Boi Caldas de Monchique  
Tel.: +351 282 911 622

**PATHWAYS**

**BOAT TRIP, DOLPHIN WATCHING  
AND VISITS TO CAVES**

## ENTERTAINMENT

**AQUALAND**  
E.N. 125 - Alcantarilha  
Tel.: + 351 282 320 230

**AQUASHOW**  
Semino E.N 396 - Quarteira  
Tel.: +351 289 389 396

**SLIDE & SPLASH**  
E.N. 125. - Vale de Deus  
Tel.: + 351 282 340 800

**LAGOS ZOO**  
Barão de São João - Lagos  
Tel.: + 351 282 680 100

**ZOOMARINE**  
EN125 | 8200 Guia - Albufeira  
Tel.: + 351 289 560 300

## BEACHES

**ALBANDEIRA**  
Vale de Engenho - Lagoa

**ARMAÇÃO DE PÊRA**  
Armação de Pêra - Lagoa

**BENAGIL**  
Benagil - Lagoa

**CARVOEIRO**  
Carvoeiro - Lagoa

**PINTADINHO**  
Presas dos Mouros - Lagoa

**PRAIA GRANDE**  
Ferragudo - Lagoa

**SENHORA DA ROCHA**  
Vila Lara - Lagoa

**VALE DE CENTEANES**  
Carvoeiro - Lagoa

**VALE DO OLIVAL**  
Armação de Pêra - Lagoa

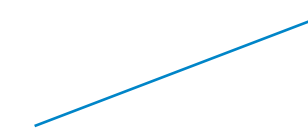
## EVENTS

**FATACIL**

**PARTY OF NOSSA SENHORA DAS DORES E SÃO TIAGO**  
(ESTÔMBAR) September

**EVENT OF GOLF IN THE ALGARVE**  
From 10th November 2012 to 17th November

# OUT



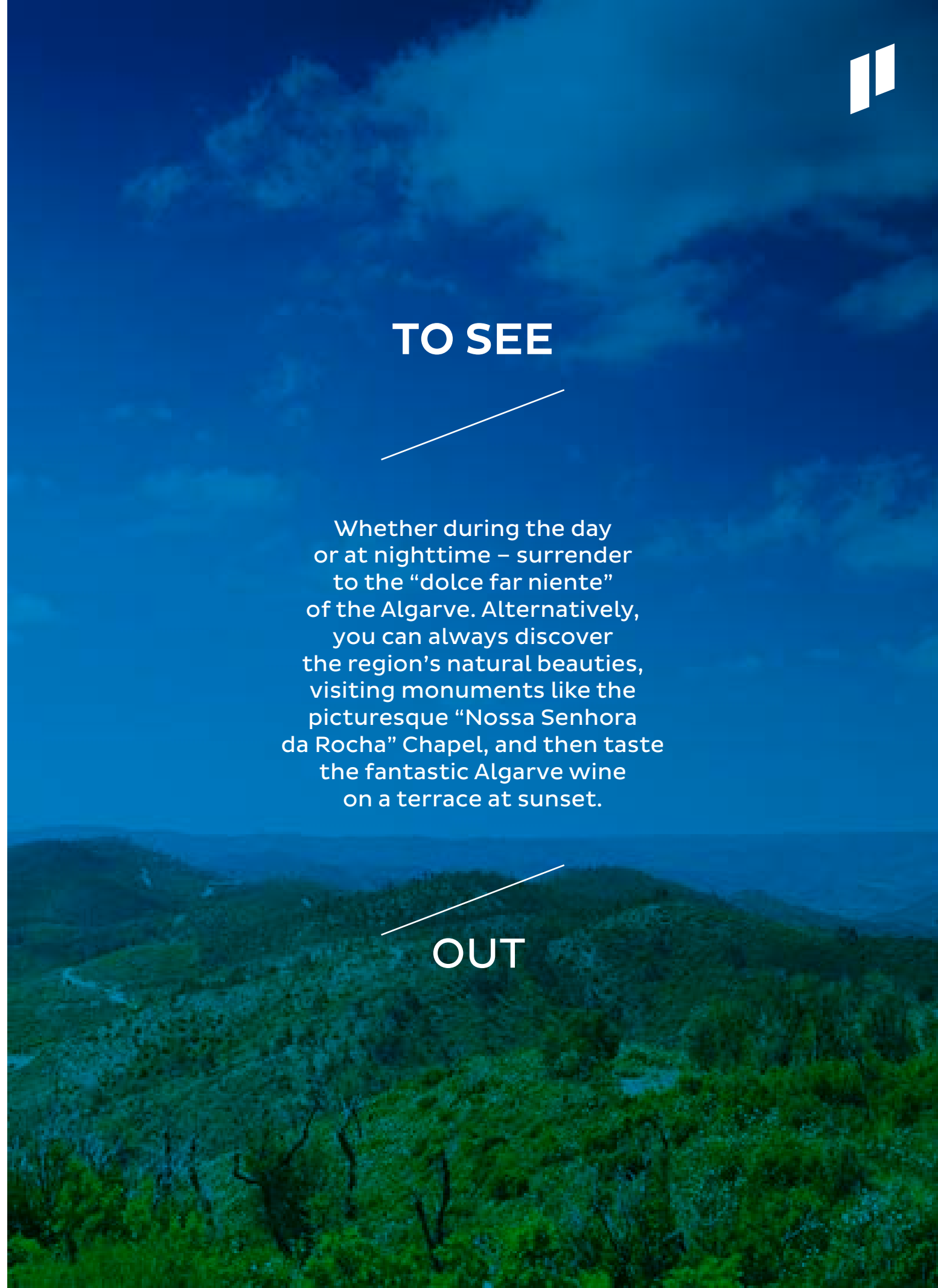


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|-----------|-------------------------------------|-----------|-----------------|
| <b>01</b> | FORTE OF NOSSA SENHORA DA ROCHA     | <b>06</b> | PORTIMÃO MUSEUM |
| <b>02</b> | MEDIEVAL CASTLE OF PORCHES          | <b>07</b> | SILVES CASTLE   |
| <b>03</b> | CHURCH OF PORCHES                   | <b>08</b> | LAGOS           |
| <b>04</b> | CONVENT OF SÃO FRANCISCO (ESTÔMBAR) | <b>09</b> | SAGRÉS          |
| <b>05</b> | THE ESTÔMBAR SPRINGS                | <b>10</b> | MONCHIQUE       |

## TO SEE

Whether during the day or at nighttime – surrender to the “dolce far niente” of the Algarve. Alternatively, you can always discover the region’s natural beauties, visiting monuments like the picturesque “Nossa Senhora da Rocha” Chapel, and then taste the fantastic Algarve wine on a terrace at sunset.

## OUT





## TO SEE

**FORTE OF NOSSA SENHORA DA ROCHA**  
Ponta de Nossa Senhora da Rocha  
Porches

**MEDIEVAL CASTLE OF PORCHES**  
Rua da Junta nº 11 - Porches  
Tel.: + 351 282 342 390

**CHURCH OF PORCHES**  
Porches  
Tel.: + 351 282 312 189

**CONVENT OF SÃO FRANCISCO  
(ESTÔMBAR)**  
Sítio do Calvário - Lagoa  
Tel.: + 351 282 380 400

**THE ESTÔMBAR SPRINGS**  
Parque Natural do Sítio das Fontes,  
Estômbar - Lagoa  
Tel.: + 351 282 380 400

**PORTIMÃO MUSEUM**  
Rua D. Carlos I,  
Zona Ribeirinha em Portimão  
Tel.: +351 282 405 230  
Free entry on Sunday from 10:00am to 6:00pm

**SILVES CASTLE**  
Castelo de Silves - Silves  
Tel.: +351 282 445 624

**LAGOS**  
**Points of interest:**  
Church of Santo António, Church of Santa  
Maria and São Sebastião, Walls, Ramparts,  
Statue of D. Sebastião, Slave Market  
and Regimental Warehouse.

**SAGRES**  
**Points of interest:**  
Cable of S. Vicente,  
Sagres Fortress, Beliche Fortress  
and Beaches - Mareta, Baleeira, Beliche,  
Tonel e Marinha.

**MONCHIQUE**  
**Points of interest:**  
Caldas de Monchique,  
Serra da Fóia, Serra da Picota,  
Church of Monchique, Convent of Nossa  
Senhora do Desterro, Hermitage of Senhor  
dos Passos, Pillory, Historic Center  
and Mina Park.

## OUT



- 01 O CICLO RESTAURANT
- 02 ROCHA DA PALHA RESTAURANT

- 03 ÀBABUJA RESTAURANT
- 04 O SEROL RESTAURANT

## TO EAT

The Algarve gastronomy is a symphony of mountain and sea flavours: the best fresh fish, the best seafood and desserts elaborated with almonds, figs and carobs such as you will never see anywhere else in the world. The Algarve is experienced at the table.

## OUT





# SABOREIE

**O CICLO RESTAURANT**  
Rua Fonseca de Almeida - Lagoa  
Tel.: +351 282 352 518

**ROCHA DA PALHA RESTAURANT**  
Rua Nossa Senhora dos Navegantes  
Armação de Pêra  
Tel.: +351 967 164 244

**ÀBABUJA RESTAURANT**  
Largo da Ribeira, Alvor  
Tel.: +351 282 458 979

**O SEROL RESTAURANT**  
Rua das Portas do Mar 2/4  
Armação de Pêra  
Tel.: +351 282 312 146

## TYPICAL DISHES

Grilled Fish and Meat made  
on charcoal

Fish and Shellfish Cataplana  
(Clams Cataplana)

Fish Stew

Safio Rice

Pickled Mackerel

Grilled Sardines served with Algarvian Style  
Salad with Boiled Potato

Stuffed Squid

## CONFECTIONERY

Fig Tart

Carob Tart

Sweet Of Almond

Almond Paste

Dom Rodrigo

## BEVERAGES

Marquês Dos Vales  
White Wine First Selection  
(Quinta Dos Vales)

Xelb 2008 Rosé  
(Quinta De Mata-Mouros)

Lagoa Selected Crop  
(Adega Cooperativa De Lagoa)

Barranco Longo Aragonês  
(Quinta Do Barranco Longo)

# OUT



**PESTANA**  
HOTELS & RESORTS